Washington, D.C □ March 2, 2009:
From Facebook to Twitter, technology is changing the way that we get our information. These new methods help people stay in touch and instantly communicate with each other.
I want to make it easy for you to share your thoughts with me. That's why I'm excited to announce the launch of my new Facebook web page, where constituents can stay in touch with me about their opinions, experiences and the issues they care about. This page will allow me to share photos, keep you informed about upcoming events and important issues, and to receive instant feedback from my constituents.
I aim to be open and responsive to all my constituents, whether you choose to communicate by snail mail, telephone or email. My new Facebook web page is one more avenue for you to get in touch with me.
To view my Facebook web page, go to
http:// http://www.facebook.com/ and search for Bruce Braley. You need to have a Facebook account to view my page, and you can add me as a friend so we can stay in touch.

I also encourage you to check out my new You Tube channel, where you can view many videos of me all in one place. You can watch videos of my travels throughout the First District, speeches on the House floor and my participation in committee hearings. On You Tube you can also leave feedback about the videos and send me comments about what you would like to see more of. Check it out at <a href="http://www.youtube.com/repbrucebraley">http://www.youtube.com/repbrucebraley</a>

I hope you will take advantage of these new ways to stay in touch with me. Of course, you can always call my offices, send me an email, log on to my website, or visit one of my three district offices. However you choose to communicate with me, I hope to hear from you soon!